

the reflexology atlas pdf

The Reflexology Atlas Here is the first reference guide providing an overview of and instructions for the many forms of Reflexology --foot Reflexology , hand Reflexology , ear Reflexology , head Reflexology , and the total massage known as Shiatsu.

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The Reflexology Atlas is the first comprehensive reference guide to provide an overview of and instructions for the many forms of reflexology--foot reflexology, hand reflexology, ear reflexology, head reflexology, and the total massage known as Shiatsu.

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overview of the Balancing Touch's The Reflexology Atlas. This video focuses on the skeletal system of reflexology anatomy. More information: <http://balancing...>

BT's The Reflexology Atlas - book 1

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The Reflexology Atlas By Astrid Waskowiak., Bernard C. Kolster

"This explains why raindrop therapy, cranio sacral therapy and reflexology is so healthy for your whole body (Torn Hip Flexor)" "Body Functions and the autonomic nervous system chart (pain charts)" "Brainstem compression Acting as a relay center, the brainstem connects the cerebrum and cerebellum to the spinal cord.

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ACUPRESSURE SELF-HELP: Daily Practices for Balancing

The Reflexology Atlas is the first comprehensive reference guide to provide an overview of and instructions

for the many forms of reflexology--foot reflexology, hand reflexology, ear reflexology, head reflexology, and the total massage known as Shiatsu.

The Reflexology Atlas | Book by Bernard C. Kolster, Astrid

The Technique of Tongue Diagnosis The patient's face is turned to the light and the tongue is examined in a flat, stretched out position, not, however, to the extent that its natural color changes (Fig.17). It is best to examine the tongue by daylight. If, under certain conditions, the examination has to be done by artificial light, the

Chapter 3 The Technique of Tongue Diagnosis

AcuPressure Points Manual . The School of Chi Energy, LLC . Page Index . 3 What is Acupressure? 3 Basic Directions. 4 Stop Pain, Swelling, and Bruising on Bumps and Sprains with Acupressure. 4 Erasing a Tension Headache 5 To Remove a Sinus Headache. and Congestion. 5 To Remove a "Migraine Headache" 5 Eyeache.

AcuPressure Points Manual - School of Chi Energy a Bio

Foot Reflexology Sole Chart. The foot reflexology sole map is comparatively really easy to understand and learn. It mentions the body organs exactly the way they are inside the body. It covers your eyes, ears, lungs, heart, stomach, solar plexus, spleen, teeth, top of the head, pancreas and your entire legs.

31 Printable Foot Reflexology Charts & Maps - Template Lab

Tsun or cun is the measurement of one "body inch" used locate acupuncture points. Measurement is always taken from the patient's hand. The width of the thumb is 1 cun, width of two fingers is 1.5 cun, four fingers is 3 cun. Proportional measurements:

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