

johnson daoist alchemy pdf

Neidan is part of the Chinese alchemical meditative tradition that is said to have been separated into internal and external at some point during the Tang dynasty. The Cantong qi (The Kinship of the Three) is the earliest known book on theoretical alchemy in China; it was written by the alchemist Wei Boyang in 142 AD. This text influenced the formation of Neidan, whose earliest existing texts ...

Neidan - Wikipedia

Taoist sexual practices (simplified Chinese: 房事; traditional Chinese: 房事; pinyin: fángshì), literally "the bedroom arts", are the ways Taoists may practice sexual activity. These practices are also known as "Joining Energy" or "The Joining of the Essences". Practitioners believe that by performing these sexual arts, one can stay in good health, and attain longevity or ...

Taoist sexual practices - Wikipedia

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